

# Medical Notice: Gastroparesis



**CDHF** Canadian Diabetes  
Foundation

To learn more about  
Gastroparesis visit [CDHF.ca](http://CDHF.ca)

THIS PERSON SUFFERS FROM  
**GASTROPARESIS**, A DEBILITATING CONDITION  
WHICH CAUSES PARTIAL PARALYSIS OF THE  
STOMACH.

PEOPLE WITH GASTROPARESIS HAVE SPECIFIC  
DIETARY NEEDS, AND WILL REQUIRE MENU  
SUBSTITUTIONS.

#### **PLEASE ALLOW THIS PERSON TO:**

- ORDER OFF THE KIDS MENU OR BRING THEIR OWN MEDICAL FOOD.
- USE YOUR RESTROOM, AS IT IS A MEDICAL CONDITION.

#### **SYMPTOMS INCLUDE:**

- NAUSEA
- VOMITING
- A FEELING OF FULLNESS AFTER EATING JUST A FEW BITES
- VOMITING UNDIGESTED FOOD EATEN A FEW HOURS EARLIER
- ABDOMINAL PAIN AND BLOATING
- LACK OF APPETITE
- ACID REFLUX
- HEARTBURN

#### **EMERGENCY CONTACT NUMBER:**

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**Your kindness and cooperation is so appreciated!**